



Celebration of International Day of Yoga (IDY 2023) 21st June, 2023



NSS & IQAC, Sarsuna College

Organise

A Webinar on “Benefits of Yoga in Tackling Lifestyle Diseases in Contemporary Urban Society”

Patron : Dr. Subhankar Tripathi,
Principal, Sarsuna College.

Speaker: Dr. Puspaketu Koner (PT)
Principle Consultant & Chartered Physiotherapist (UK),
Advanced Level Musculoskeletal & Manual Therapist,
Sports Medicine Specialist & Sports Rehab Expert

Date : 21st June, 2023

Time : 6:30 pm

Platform : Google Meet

Webinar Link: <https://meet.google.com/wgg-tyme-pey>

All are cordially invited